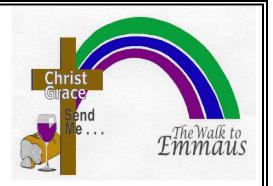
# Lansing Emmaus Community

# Footprints



Number 10-5

January, February, March 2011

Community Lay Director, Mike Walker (517) 285-4045 matwalk@yahoo.com

Outreach Chair, Ed Milam (517) 390-3007 ed.milam@yahoo.com Team Selection, Judy McPherson 517)627-2712 <a href="mailto:mcphersonjudy@comcast.ne">mcphersonjudy@comcast.ne</a>

Community Spiritual Director, Becky Morrison (517)645-7701 <a href="mailto:pumcpastor@yahoo.com">pumcpastor@yahoo.com</a>



# Fruit of the Spirit - Peace

"The fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control. Against such things there is no law." Galatians 5:22-23

We all long for peace. We want peace between nations, in our communities, where we work, with our neighbors, in our families, but the deepest yearning is to have peace within ourselves.

Long ago a man sought the perfect painting of peace. Not finding one that satisfied, he announced a contest to produce this masterpiece. The challenge stirred the imagination of artists everywhere, and paintings arrived from far and wide. Finally, the great day of revelation arrived. The judges uncovered one peaceful scene after another, while the viewers clapped and cheered. The tensions grew. Only two paintings remained veiled. As a judge pulled the cover from one, a hush fell over the crowd. A mirror smooth lake reflected lacy, green birch trees under the soft blush of the evening sky. Along the grassy shore, a flock of sheep grazed undisturbed, surely this was the winner.

The man with the vision uncovered the second painting himself, and the crowd gasped in surprise. Could this be peace? A tumultuous waterfall cascaded down a rocky precipice; the crowd could almost feel its cold penetrating spray. Stormy gray clouds threatened to explode with lightning, wind and rain. In the midst of the thundering noises and bitter chill, a spindly tree clung to the rocks at the edge of the falls. One of its branches reached out in front of the torrential waters as if foolishly seeking to experience its full power.

A little bird had built a nest in the elbow of that branch. Content and undisturbed in her stormy surroundings, she rested on her eggs. With her eyes closed and her wings ready to cover her little ones, she manifested peace that transcends all earthly turmoil.

The bird in the nest exemplifies the peace we need -- the peace we yearn for deep within our souls. God's peace. A calm serenity while the world around us is experiencing havoc. While we should never cease to work for peace in the world – in our communities, in our neighborhoods, at work and within our families, if we have peace in our souls, then we have a gift that can never be taken away.

As pilgrims on a fourth day journey, we attain and sustain this inner peace through continued piety, study and action. We live an authentic Christian life trusting in God to direct our journey. In order to have peace in our souls we need to daily, "Let the peace of Christ rule in your hearts." May it be so for each of us.

Peace to you Pastor Becky

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### Why We Do What We Do!

By Mike Walker, Community Lay Director

The Walk to Emmaus is a spiritual renewal program intended to strengthen the local church through the development of Christian disciples and leaders. The program's approach seriously considers the model of Christ's servanthood and encourages Christ's disciples to act in ways appropriate to being "a servant of all."

During and after the three days, Emmaus leaders encourage participants to meet regularly in small groups. The members of the small groups challenge and support one another in faithful living. Participants seek to Christianize their environments of family, job, and community through the ministry of their congregations. The three-day Emmaus experience and follow-up groups strengthen and renew Christian people as disciples of Jesus Christ and as active members of the body of Christ in mission to the world.

Each year we are asked by "The Upper Room" to sign a "Covenant" (formerly called "Letter of Agreement"). This Covenant is signed by all of the current Lansing Area Emmaus It can be summarized by Board members. stating that we will follow and carry out the three phased method of Emmaus (the model), in accordance with The Upper Room Handbook on Emmaus and The Upper Room manuals. The three phases are Pre-event, Event and Post event. We are a "Fourth Day Community" and I would encourage each of you to be active participants in a Group Reunion and or accountability group. We need to be practicing what we are asking the Pilgrims and Butterflies to do; we need to lead by example.

De Colores!

### **Emmaus Store Board Chair Update**

Emmaus store team is getting ready to launch an expanded product line. The store will have a variety of Emmaus, Chrysalis and many other items. If you would like to get involved with this outreach ministry then please call Ed Milam at 517-930-3007or email at <a href="mailto:ed.milam@yahoo.com">ed.milam@yahoo.com</a>.

### Do you Remember Candlelight at Your Walk?

New Pilgrims need to see you at the upcoming Candlelight Services

2011 Spring Walks

Men's Walk 79 - March 3-6, 2011

Women's Walk 80 - March 17-20, 2011

Lawrence Avenue United Methodist Church, Charlotte, MI 48813

Saturday March 5, 2011 and Saturday, March 19, 2011

Sponsorship Training: 7:00 PM Community Gathering: 7:30 PM

Candlelight: 9:00 PM

Sunday, March 6, 2011 and Sunday, March 20, 2011

Closing: 4:30 PM

# Community Reminder: Candlelight & Closing

Please keep in mind that according to *THE UPPER ROOM HANDBOOK ON EMMAUS* Candlelight & Closing are Community events. (Pg. 86 & 93) To be a member of the Community one must have attended a Walk or Flight or other sanctioned 4<sup>th</sup> day program. Please plan accordingly.



### **Prayer Board Chair**

Please Pray, Pray, Pray every day. One of the most vital components of the Walk to Emmaus and Chrysalis Flights is Prayer. Everything we do is undergirded by prayer before, during and after a walk or flight. Your continued prayers for our board, future teams, sponsors and pilgrims are needed each day. There are Walks to Emmaus and Chrysalis Flights happening all over the world and you can be a part of their 72-hour prayer vigils. Offer your agape gift of prayer by signing up at this site: http://www.3dayol.org/Vigil/GetComm.phtml.

Currently we are seeking persons who would be willing to serve as part of the Board Committee on Prayer. If you have a passion for prayer and believe God is directing you to help with this committee, contact Pastor Becky Morrison.

### **2011 Lansing Area Emmaus Board Members**

At the Annual Board Meeting on January 7-8, 2011 Election of Officers were voted on and Board Position Chairs were assigned. The 2011 Lansing Area Emmaus Board members are:

<b>Board Position</b>	Name	Phone	E-Mail Address
Community Lay Director	Mike Walker	(517) 285-4045	matwalk@yahoo.com
Past Community Lay Director (Cons)	Russ Fries		r.fries@mi.ftpd.us
Community Assistant Lay Director	Ryan Cressman	(517) 290-2145	rycress@yahoo.com
Secretary	Karen McLendon	(517) 648-1221	karen@mclendon.ws
Treasurer	Amy Clouse	(989) 304-0336	amy1clouse@yahoo.com
Community Spiritual Director	Becky Morrison	(517) 712-4508	pumcpastor@yahoo.com
Community Assist. Spiritual Directors	Greg Buchner	(989) 621-7782	gb@clergy.net
	Paul Damkoehler	(989) 304-0336	pdamkoehler@yahoo.com
Agape Board Chair	Amy Clouse	(989) 304-0336	amy1clouse@yahoo.com
Chrysalis/Outreach Board Chair	Ed Milam	(517) 930-3007	ed.milam@yahoo.com
Chrysalis Board Liaison	Peggy Pirhonen	(989) 292-0156	pjtravel@hotmail.com
Facility Board Chair	Terrie Eisenmann	(989) 506-6937	terrieblue@power-net.net
Gathering Board Chair	Karen McLendon	(517) 648-1221	karen@mclendon.ws
Kitchen Board Chair	Ed Milam	(517) 930-3007	ed.milam@yahoo.com
Leadership Development Board Chair	Judy McPherson	(517) 375-1704	mcphersonjudy@comcast.net
Music/Entertainment Board Chair	Kathy Dobie	(517) 719-0576	gddkld@aol.com
Newsletter/Data Board Chair	Karen McLendon	(517) 648-1221	karen@mclendon.ws
Prayer Board Chair	Becky Morrison	(517) 712-4508	pumcpastor@yahoo.com
	Greg Buchner	(989) 621-7782	gb@clergy.net
	Paul Damkoehler	(517) 775-5424	pdamkoehler@yahoo.com
Registrar Board Chair	Deb Bongard	(989) 529-5745	bongard@voyager.net
Site Selection Board Chair	Terrie Eisenmann	(989) 506-6837	terrieblue@power-net.net
	Ed Milam	(517) 930-3007	ed.milam@yahoo.com
Sponsorship Hour/Candlelight/Closing	Ryan Cressman	(517) 290-2145	rycress@yahoo.com
Emmaus Store Board Chair	Ed Milam	(517) 930-3007	ed.milam@yahoo.com
Supply/Trailer Board Chair	Mike Walker	(517) 285-4045	matwalk@yahoo.com

### **Board Positions Available**

If you have an interest in a board position, there may be an opportunity for you yet this year to serve. The following board positions are open: Kitchen Chair, Gathering Chair, Supply/Trailer Chair, and Emmaus Store Chair. If you are interested in one of the following positions on the board, please contact one of the board members above and your name will be given to the board for consideration.

### **BE BOLD**

By Ryan Cressman, Assistant Community Lay Director

Some of you may have seen this on the internet as it seems to cycle around every now and then.

"God is Busy right now"

A United States serviceman was taking some college courses between assignments. He had completed 20 missions in Iraq and Afghanistan. One of the courses had a professor who was an avowed atheist, and a member of the ACLU. One day the professor shocked the class when he came in.

He looked to the ceiling and flatly stated, "GOD, if you are real, then I want you to knock me off this platform... I'll give you exactly 15 min." The lecture room fell silent. You could hear a pin drop. Ten minutes went by and the professor proclaimed, "Here I am GOD, I'm still waiting." It got down to the last couple of minutes when the serviceman got out of his chair, went up to the professor, and cold-cocked him; knocking him off the platform. The professor was out cold. The serviceman went back to his seat and sat there. silently. The other students were shocked and stunned, and sat there looking on in silence. The professor eventually came to, noticeably shaken, looked at the serviceman and asked, "What in the world is the matter with you? Why did you do that?" The serviceman calmly replied, "GOD was too busy today protecting America's public servants who are protecting your right to say stupid stuff and act like an idiot, so He sent me." The classroom erupted in cheers!

God IS busy, as evidenced by how much activity this community is and will be involved in. My hope for all of us is that we could replace the serviceman in the story and be the strong ones, knowing that He is with us!! Emmaus really is a movement...the more people that get involved; the more those Christian leaders will make a difference in our world. Please continue to seek people and pray about who you are being called to sponsor and keep bringing more people in. We need to try to fill the world with more Christian leaders!!



### **Agape Board Chair Update**

By Amy Clouse

My name is Amy Clouse and I currently serve as the Agape Chairperson for the Lansing Area Emmaus Community. I took my Walk to Emmaus in the Lansing Community in February 2008 and I sat at the Table of Eve.

Two Walks are quickly approaching and the preparations are underway! I ask that each one of you think back to your weekend and try to remember the several acts of love you received. Agape gifts are the most visible way the Pilgrims feel the unconditional love given to them during their Walk. Agape gifts are always welcomed and we encourage your Fourth Day Groups to continue to provide these for each Walk.

These small tokens of our love are what most people typically think of when we talk about "Agape Gifts" but did you know our community has a scholarship fund? These funds are designated for any Pilgrim who wishes to attend a Walk but do not have the financial means to pay the registration fee. Unfortunately, the tough economic times are affecting many people and the registration fee may be the only thing keeping them from attending a Walk. offering a scholarship to these individuals, we are giving the Pilgrims their very first Agape gift from our community and making this life changing experience possible for them when it might not be otherwise. Please contact me or any of our other Board Members if you know of any Pilgrims that could benefit from a scholarship or if you would like to donate to the scholarship fund.

De Colores!

# PRAY FOR THE SPRING WALKS!!

### **Leadership Development – February 2011**

By Ned Weller, Team Selection



In July 2010, the *Lansing Area Emmaus Team Selection* (TS) extended an invitation to the members of both the Men's and Women's Conference Room Teams to participate in a <u>pilot</u> program called Team Evaluation System (TES) to provide TS with feedback, <u>anonymously</u> if they preferred, as it related to their experience as a member of the two Fall *Walk to Emmaus* Weekend Teams.

TS was seeking authentic feedback, submitted in love, that could help foster continuous improvement in the progressive servant hood process of this Community and for the team preparation process in the future. That type of feedback is critical to the long term health of the Lansing Area Emmaus Community. The information provided was used as a evaluating tool to help assure: (1) that servants serving on a weekend were able to self-assess their readiness for the role they were been called to serve; (2) that the training process suggested by the Upper Room in: *The Upper Room Handbook on Emmaus, Team Manual, Directors' Manual* and *Walk to Emmaus - Sustaining the Spirit* were used in team preparation, development and exercise of the fall weekends; (3) that servants were able to confirm that they were sufficiently prepared through training, direction, weekend experiences and observations to be considered for progression to more responsible roles as an Emmaus servant; and, (4) that through the Emmaus weekend experience, servants can confirm that they were shaped to be more spiritually mature for their faith journey and were able to gain confidence to serve in more responsible roles by their Conference Room Team experience. (Nearly 70% of the team members responded and all except one responded with their name and contact information.)

The intent of the feedback and evaluation is to provide an open, honest appraisal of each part of the total experience, from Team Preparation, to conducting the weekend and to the response of the Pilgrims in their remarks during Closing. The feedback provided by the respective teams is CONFIDENTIAL and PROPRIETARY and is reviewed only by Team Selection. In addition, the feedback will be used to assess the training that is provided for Lay Directors for Conference Room Team preparation to assure that all are adequately prepared to serve in their respective roles in the Conference Room. (In addition to providing lists of qualified servants for Lay Directors and Behind-the-Scenes (BTS) Facilitators, TS is responsible for Leadership Development and Training).

At the December '10 Lansing Area Emmaus Board of Directors Meeting in December, the BOD approved a resolution to continue the pilot program for the Team Evaluation System (TES) for the four scheduled walks for 2011. The BOD will make a second evaluation of the TES process at the end of 2011.

### **Data/Newsletter Board Chair**

By Karen McLendon

I would like to take this opportunity to let you know help is needed in verifying member data in the IMS database. This system is the resource we have to connect and keep track of our community members. I would also like a liaison from each church that is represented in the IMS system so we can update information within each church community. More details to come.

I am in the process of forming a data team. If you are interested in helping with the computer set up at the walks, helping with the newsletter or if you are interested in being the data liaison for your church, please contact me at (517) 648-1221 or at karen@mclendon.ws.

### Kitchen Board Chair Update

By Ed Milam

We all know that food is a big part of the Emmaus weekend. We feel God's love and enjoy great fellowship around the dinner table. The Kitchen Team has been working very hard to develop a menu that will work for every weekend keeping in mind the special diet needs of pilgrims and team members. We will be using this menu plan at the upcoming walks. Enjoy and God Bless.



"Sing to the Lord a new song! Sing to the Lord all the earth!

Sing to the Lord a new song! Rise up and praise the Lord!"

Greetings brothers and sisters in Christ! My name is Kathy Dobie and I took my Walk to Emmaus in April 2004 at the Charlotte Lawrence Avenue UMC and sat at the table of Rebekkah! I am blessed to serve the Emmaus community on the Board as the Music/Entertainment Chair.

Psalm 96 encourages us to rise up praise the Lord with a new song. Indeed, one of the ways the Holy Spirit moves through this community of believers is through music.

At each gathering we worship together singing songs of praise, *both old and new*. Gatherings are a wonderful way to stay connected to Emmaus friends. If you have not attended a gathering recently, I invite

### **Gathering Board Chair Update**

By Karen McLendon

Gatherings are in full swing for 2011. The Gathering Team is excited about the upcoming year. There has been an average of 75-80 at gatherings each month and we will continue to make gatherings a welcome, family friendly environment.

As we strive to improve the quality of gatherings, there is an opportunity for you to get involved. There is always a need for helpers in the following areas:

Greeters

Set Up Crew

We also need team members to help plan the themes and we can always use creative ideas. If you have an idea for a theme for an upcoming gathering or if you are interested in becoming more involved in gatherings, please let me know by contacting me at karen@mclendon.ws or at 517-648-1221.

you to join us the 2<sup>nd</sup> Friday of each month at the Pilgrim UMC in St. Johns. *Don't procrastinate...just participate!* You'll be glad you came.

There are two Spring Walks coming up in March at the Charlotte Lawrence Avenue UMC. What a joy it will be to fill the sanctuary with our voices united to glorify God and support the Pilgrims. I would love to see you (and hear you) on Saturday, March 5 for the men's candlelight service and Sunday, March 6 for the closing ceremony. The women's walk dates for these events are March 19 and 20.

Blessings to you all! **G.L.Y.A.S.D.I.** Kathy Dobie

### **Board Team Members Needed**

For many of the Board Positions listed on page 3, the Board Chairs need individuals willing to serve on their team. For example, the Data Team needs members. If you are interested in serving on one of the teams, please contact a board member and your name will be given to the appropriate person for consideration.

#### **Newsletter Deadline for Next Issue**

If you have an idea for an article, please let me know by April 1, 2011 Contact Karen McLendon, <a href="mailto:karen@mclendon.com">karen@mclendon.com</a> or call me at 517-648-1221.

### Visit our Website:

www.lansingemmaus.truepath.com

IMS Database: Link from our Website using Internet Explorer.

Log on and sign up to work a walk.

# **Upcoming Events**

March 3-6, 2011 Lansing Men's Walk #79, Lawrence Avenue United Methodist Church, Charlotte, MI. Saturday Night: 7:00 PM-Sponsorship 7:30 PM-Gathering; 9:00 PM-Candle Light Service begins.

**March 8, 2011** *Lansing* Emmaus Board Meeting 7:00 PM at Pilgrim United Methodist Church, St. Johns.

March 17-20, 2011 Lansing Women's Walk #80, Lawrence Avenue United Methodist Church, Charlotte, MI. Saturday Night: 7:00 PM-Sponsorship Training; 7:30 PM –Gathering; 9:00 PM– Candle Light Service begins.

**April 8, 2011** *Lansing* Gathering. Pilgrim United Methodist Church, St. Johns. Gather at 6:00 PM; Potluck at 6:30 PM, Worship at 7:00 PM, Sponsorship Training at 8:00 PM.

**April 12, 2011** *Lansing* Emmaus Board Meeting 7:00 PM Pilgrim United Methodist Church, St. Johns, MI

May 10, 2011 *Lansing* Emmaus Board Meeting 7:00 PM Pilgrim United Methodist Church, St. Johns.

May 13, 2011 *Lansing* Gathering, Pilgrim United Methodist Church, St. Johns. Gather at 6:00 PM, Potluck at 6:30 PM, Worship at 7:00 PM, Sponsorship Training at 8:00 PM.

**June 10, 2011** *Lansing* Gathering, Pilgrim United Methodist Church, St. Johns. Gather at 6:00 PM, Potluck at 6:30 PM, Worship at 7:00 PM, Sponsorship Training at 8:00 PM.

**June 14, 2011** *Lansing* Emmaus Board Meeting 7:00 PM Pilgrim United Methodist Church, St. Johns.

**July 7-10, 2011 Boys Flight of Hope Chrysalis.** More details to come. Start thinking of a young man you can sponsor!!

**July 8, 2011** *Lansing* Gathering, Pilgrim United Methodist Church, St. Johns. Gather at 6:00 PM, Potluck at 6:30 PM, Worship at 7:00 PM, Sponsorship Training at 8:00 PM.

**July 12, 2011** *Lansing* Emmaus Board Meeting 7:00 PM Pilgrim United Methodist Church, St. Johns.

### As of 2/23/2011 Both Walks Are a GO!!!

32 Men are signed up for Walk #79 24 Women are signed up for Walk #80

Pilgrim U.M.C. Lansing Area Emmaus 2965 West Parks Road St. Johns, MI 48879 Non-Profit Organization U.S. Postage St. Johns, MI Permit #16