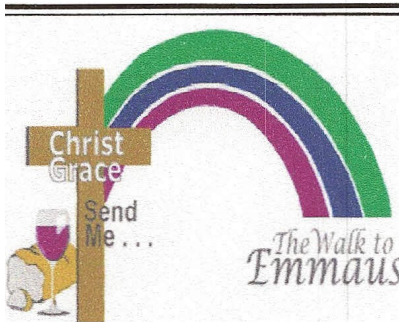


FOOTPRINTS



Volume 10, Issue 2

February - March 2010

Community Lay Director

Russ Fries

Course Correction

I was driving home today and realized something. When you're driving in a straight line and turn to go around a curve, or in a new direction, there is resistance in the steering wheel. The front wheels want to continue in the straight line, but can't because the steering wheel is receiving a course correction. The rear wheels follow along without needing to turn. It seems like an easy concept, but it's one of those things that is true to life as well. There will always be resistance to a course correction. Lansing Area Emmaus is just starting to go into the curve, again.

For the past several years the Lansing Area Emmaus has been in a course correction, a small turn here and there. The board has tried very hard, and quite successfully, to steer the community back to the Upper Room model for running a walk.

Well, now we're going into a sharper curve again. I learned last year we as a board were not running the board by the example the Upper Room has set to run the board. The Upper Room model for the Board of Directors is very committee driven. Not only that, but the chair and the different committees were to choose who was to work as a weekend coordinator in each area. These are two of the new concepts that will be implemented this year. At the Board Retreat, last month, I outlined these course corrections that will take effect in April, after the next two walks. Because of this new direction there will be many new responsibilities and redirecting how things will be done. Our focus will remain the same, we're just going to use the main street.

That being said some people won't like that we're going a new direction and the Board understands that. Once the whole plan is laid out it will be a much easier road to travel. The plan will be coming soon. Just remember, as a wise man recently told me, Emmaus is not the journey's end, it's just the vehicle we are using to get closer to God. He is our ultimate destination.

In His Service,

Community Spiritual Director

Pastor Becky Morrison

As a pastor, the demands on my day are just like yours. I'm busy and I know you're busy, too. I believe one of the greatest distractions we succumb to is busyness. There are so many things that seem to demand our attention that it is often difficult for us to prioritize what we do. I recently read the following:

Imagine there is a bank that credits your account each morning with \$86,400. It carries over no balance from day to day. Every evening it deletes whatever part of the balance you failed to use during the day. What would you do?

Draw out every cent, of course!!

Each of us has such a bank. Its name is TIME. Every morning, it credits you with 86,400 seconds. Every night it writes off, as lost, whatever of this you have failed to invest to good purpose. It carries over no balance. It allows no overdraft. Each day it opens a new account for you. Each night it burns the remains of the day. If you fail to use the day's deposits, the loss is yours. There is no going back. There is no drawing against the "tomorrow." You must live in the present on today's deposits. Invest it so as to get from it the utmost in health, happiness and success! The clock is running. Make the most of today.

To realize the value of ONE YEAR, ask a student who failed a grade.

To realize the value of ONE MONTH, ask a mother who gave birth to a premature baby.

To realize the value of ONE WEEK, ask the editor of a weekly newspaper.

To realize the value of ONE HOUR, ask the lovers who are waiting to meet.

To realize the value of ONE MINUTE, ask a person who missed the train.

To realize the value of ONE SECOND, ask a person who just avoided an accident.

To realize the value of ONE MILLISECOND, ask the person who won a medal in the Olympics.

Treasure every moment that you have! And treasure it more because you shared it with someone special, special enough to spend your time. And remember that time waits for no one.

Yesterday is history ...

Tomorrow is mystery ...

Today is a gift ...

That's why it's called the present!!

How many of those 86,400 seconds do you give to God in piety? In study? In action? Remember there is to be a balance between the three. A good lesson for us all to ponder on this New Year, as we seek to be faithful to God.

God Bless You,

Community Data/Newsletter Chair

Robert Archambault (Archie)

I took my Lansing Area Emmaus (LAE) walk in February 2006, at Mecosta, where I sat at the table of Matthew.

Today I serve you as the Data/News letter Chair, and Auxiliary Trainer.

Last month I sent out an email expressing the need for Grace with setting up staff for the next few walks. We have several new Board Members including myself that not only need to learn to navigate the IMS system, but are learning our roles of our new positions as defined by the Upper Room. I ask that patients and Grace be granted as we learn these objectives but also ask for your assistance and participation in serving on one or two committees.

Data – this role has several requirements.

1. IMS System
 - a. Maintaining
 - b. Support for community
 - c. Support for walks
 - d. Data entry before and after walks
 - e. Enter past history walks
2. Email Accounts
3. Mail
 - a. Computers
 - b. Printers
 - c. Network
 - d. Support equipment

Continue page 6

Name	Position	Phone	E-mail
Walker, Mike	Supply Chair	h-517-645-0139	lae.supply@gmail.com
Archambault, Robert	Kitchen Chair Newsletter/Data Chair	h-517-882-3921	lae.data@gmail.com lae.kitchen@gmail.com
Bentley, Terri	Asst Community Spiritual Director	h-989-681-2486	lae.a2spiritualdir@gmail.com
Bongard, Debra	Registrar Chair	h-989-386-0629	lae.registar@gmail.com
Buchner, Greg	Asst Community Spiritual Director	c-989-621-7782 h-989-834-2044	lae.aspiritualdir@gmail.com
Cressman, Ryan	Facility Chair/Sponsor Hour, Candle light & Closing Chair	h-989-227-2317	lae.facility@gmail.com lae.sccc@gmail.com
Dobie, Kathy	Prayer Chair	h-517-627-1351	lae.prayer@gmail.com
Fries, Russ	Community Lay Director	c-810-625-5296	lae.cld@gmail.com
Haddad, Robert	Treasurer Leadership Development Chair	h-517-646-8371	lae.leadership@gmail.com
Lobert, Scott	Site Selection Chair	h-517-652-1309	lae.siteselection@gmail.com
McLendon, Karen	Gathering Chair	h-517-648-1221	lae.gathering@gmail.com
McPherson, Judy	Team Selection Chair	h-517-627-2712	lae.teamselect@gmail.com
Milam, Ed	Store Chair	h-517-645-4526	lae.store@gmail.com
Morrison, Becky	Community Spiritual Director		lae.spiritualdir@gmail.com
Moss, Barb	Music/Entertainment Chair	h-989-224-0815	lae.musicent@gmail.com
Silverthorne, Roger	Outreach Chair Assistant Community Lay Director	h-989-875-4821	lae.acld@gmail.com lae.outreach@gmail.com
Tyler, Barb	Secretary Agape Chair	h-989-386-9823	lae.agape@gmail.com lae.sec@gmail.com

PUBLISHED BOARD NOTES

BOARD CHAIRS

Throughout the newsletter you will see notes from various notes from the Board Chairs that will be published based on their commitment in keeping you informed and updated on the status of their committees. Please take note of these Chaired position and see where you might have an interest and would like to offer your assistance.

CALENDAR OF EVENTS

SPECIAL EVENT – MEN’S WALK

PLACE - CARSON CITY UMC

DATE – MARCH 4- 7, 2010

DATE – MARCH 6TH, 2010

Sponsorship Training 7:00 PM

Gathering 7:30 PM

C-LIGHT SERVICE BEGINS 9:00 PM

DATE – MARCH 7TH, 2010

Closing 4:30 PM

SPECIAL EVENT – WOMEN’S WALK

PLACE - CARSON CITY UMC

DATE – MARCH 18-21, 2010

DATE – MARCH 20TH, 2010

Sponsorship Training 7:00 pm

Gathering 7:30 pm

C-light service begins 9:00 pm

DATE – MARCH 21TH, 2010

Closing 4:30 pm

SPECIAL EVENT – GIRLS CHRYSALIS FLIGHT

DATE – APRIL 23- 25, 2010

Place - Faith United Methodist Church in Delton, MI.

Chrysalis Walk Lay Director

Shelly Dean - #41

Greetings from *your* Chrysalis Community! I know that may sound strange, but Chrysalis really is under the Emmaus “umbrella.” Wait, “What is Chrysalis?” you ask. Like Emmaus, there are 15 different talks during a Chrysalis flight. Five talks are given by youth, five talks are given by adults and five talks are given by clergy. Through-out the flight, the purpose is to support the church's efforts to guide the spiritual formation of young people. The Chrysalis experience calls young people to receive the dynamic and transforming friendship that God offers through Christ. Christ invites participants to:

- be unique, beautiful expressions of God's image;
- grow in love and to serve God, not only in their church but society;
- be encouraged and equipped to share the love they receive;
- be an energetic, renewing presence in their youth group and school; and
- finally, they are called to keep the fire alive by participating in support groups and gatherings with those who have shared Chrysalis experiences.

The symbol for the Chrysalis experience is a butterfly, which represents Christ's death and resurrection. The three days focus on “Christian transformation that begins with dying with Christ to our old self through faith in accepting God's love, then rising with Christ to a new life motivated by hope in God's promises, and going forth with Christ in love to joyfully share Christ's ministry.” Sounds familiar, doesn't it?

As the Girls Spring Flight is fast approaching, my request would be that you prayerfully consider if, and who, God is calling you to sponsor. There is excitement for caterpillars that have not yet registered to strengthen and deepen their relationship with the Lord as they become faithful followers in our churches, schools, communities and nation. Far reaching thoughts, perhaps, but then again according to Mark 16:15 Jesus tells us “Go into all the world and preach the good news to all creation.” With that in mind, I know that God has amazing things planned for the upcoming flight in April. Being His servant and following His lead to bring honor and glory to Him is my highest goal as I serve him as the Flight #41 Lay Director. Please join us for the Gathering, 7:30 P.M. and Candlelight, 9:05 P.M. on April 24, 2010 at Faith United Methodist Church in Delton, MI.

More information and applications are available online at www.flightofhopechrysalis.com/

GLYASDI,

Community Team Selection Chair

Judy McPherson
LAEC Walk #34 October 1997
Mt. Pleasant, MI

What is Team Selection?

Team Selection, according to the Emmaus Handbook, which your board covenants with Upper Room to follow, is charged with the responsibility to “select all team members for Emmaus Walks during the year with the exception of Weekend Lay Directors and Spiritual Directors. The committee consists of an Emmaus board member who is responsible for team selection and who serves as committee chair (Judy McPherson), the Community Spiritual Director (Becky Morrison), and three or four other members of the Emmaus community ((nonboard members) Karen Weller, Edie Hayner, Gordon Galloway, and Andrew Sass) who have a broad awareness of the Emmaus community membership and a solid understanding of team needs.” In addition the Community Lay Director (Russ Fries) is an *ex officio* member of every committee.

The process of choosing team members for walks involves above all discernment and prayer. This is of utmost importance in putting together the weekend walks. The guidelines approved by the board are used in this process and many other important criteria are used in putting together the teams.

- Progressive Servanthood – The purpose of an established progression of responsibilities is to leadership training and spiritual development. Generally, a person will serve at least 72 hours or more in a “behind-the-scenes” job on a walk. Then they may be asked to work as an assistant table leader in the conference room. They then may be asked to be a table leader and give a talk, serve twice as an assistant lay director, giving talks, serve in a lead behind-the-scenes position (such as kitchen, auxiliary or facilitator position), and then may be asked to work as a lay director.

Not every person who works in these positions will become a lay director or progress to other positions, but in order to be a lay director, one must serve in that progression to prepare for this responsibility.

- The “One-third Rule” – Team selection strives to staff each team with about one-third new team members, one-third second or third time team members, and one-third team veterans. This guideline helps a community avoid using the same “old hands” team after team and expands the leadership base. Each walk becomes an opportunity to incorporate new persons into teams.
- Honoring Emmaus Community Participants – those who actively support the Emmaus Movement and who practice what they have learned in Emmaus are also considered for these positions. This would include those who attend gatherings, candlelights, closings, serve on committees, sponsor pilgrims, participate in group reunions, and live lives of piety, study, and action; who know the value of a support group for living in grace as an accountable disciple; and who are active church members. Above all, the committee discerns individual gifts for team participation and overall commitment to the aims that Emmaus represents.

If you are called to work in the conference room, please take the time to prayerfully consider whether God is calling you to work in the conference room on the team. Please don't say yes OR no too quickly! Remember that much prayer and discernment has already gone into the process, so the fact that your name is on the list of people to be called means that we believe that you are called to work in the conference room. Sometimes this means being a little outside of your comfort zone. This is how servants grow spiritually in their walk, and often team members are blessed without measure as they prepare the talks, listen to other talks, and serve the pilgrims during the weekend. Sometimes, however, working in the conference room is not a place for you. That's true for many people, and that's okay. Just let us know. Questions? Please contact me (see board list for e-mail and phone numbers).

Chrysalis Community Lay Director

Karen Watson

Flight of Hope Chrysalis Board

Dear Lansing Community – I am very pleased and excited to be writing to you. First, let me introduce myself. My name is Karen Watson and I am the current Community Lay Director for the Flight of Hope Chrysalis Community. As you may, or may not know, we are currently in the process of merging with the Lansing Area Emmaus Community. We are very excited about this adventure that we will be taking with you.

As the only Chrysalis community in this area, we reach out to several different Emmaus communities; The Kalamazoo Area Emmaus, the Jackson Area Emmaus and of course, the Lansing Area Emmaus. Up until some time ago, we were under the direction of the Grand Rapids Area Emmaus. With this issues that they were having and now that they are no longer a functioning community, it was time to join forces with another Emmaus community. I cannot express in words, how pleased we are that your Lansing Area Emmaus Board has agreed to work with us and take us under their wing. We have been searching for direction and it seems that we have found that direction within your community.

The Flight of Hope Chrysalis Board meets on the 3rd Monday of each month at the First United Methodist Church in Battle Creek. If you are interested in finding out more about Chrysalis, we would love for you to join us at a Board meeting. You can also find us on the web at www.flightofhopechrysalis.com.

We are currently underway planning our spring girls' flight. We believe that God has a great work in progress for this flight. Our Lay Director is Shelly Dean and the flight is going to be held at the Delton Faith United Methodist Church, April 23rd thru 25th. We covet your prayers regarding this flight and any young people that you would sponsor. The Chrysalis application is on our web site. If you have any questions you can also contact me or anyone else on the board.

Again, as the representative from the Flight of Hope Chrysalis Board, I want to say thank you to the Lansing Area Emmaus Board for their willingness to work with us through this time. We are excited to see what God has planned for the future of our Communities both individually and collectively.

Community Agape Chair

Barb Tyler

Board Secretary

Hello to Everyone! My name is Barb Tyler. I took my Walk To Emmaus in April 2002, Walk #52, in the Lansing Area Emmaus Community, where I sat at the Table of Namoi. Today, I serve you as your LAE Board Secretary and Agape Chair. I truly feel blessed and honored to serve both our Lord and you as Community members.

I would like to take this time to ask you, "Do you remember the little words and gifts that made you feel God's love? The little item that made you understand the love from another just because God loves you?" If so, then I would like to ask you to give that gift to another. This can be done individually or as a group (church, Reunion, family, etc...). However, we do need to remember just a couple of points when creating our gifts of love. First, please do not put your name on the item. You can place your group or church, but nothing that has any "people" names on it. Remember, the gift if from God through us, His servants. Second, please get the agape items to the Walk as soon as possible. It is much easier for the servants in the Mailroom to get organized, if they have everything. There are some items that can be matched to different Talks or Dinners. You can always send them with someone if you cannot be there yourself. And, finally, if you want your items returned, please let someone in the Mailroom know so they can be saved. Also, it would help tremendously if you arranged for yourself or someone else to pick them up at Closing. There will also be every attempt to have them at the next scheduled Gathering of our Community.

And, last but not least, if you would like to work in the Mailroom (first timers, some timers, many timers), PLEASE let me know. This goes for those who enjoy taking pictures, as well.

And for anyone who would like to support this particular area (Agape) of our Lansing Area Emmaus Community, please contact me. I am looking for committee members to color, email, print, and brainstorm more effective ways to obtain information and agape gifts. If you have been participating and would like to continue, please let me know.

Thank you for your love and support. GLYASDI, btyler@cgresd.net or (989)429-9069

Continue page 1 Data/News Letter Chair

News Letter

Members to help assist in publishing a Bi-Monthly News Letter. Looking for editors and creativity for a newer look and spiritually filled news letter to serve the community.

If you're interested in any of these committees Please, Please contact me. I am out of my box in this area (News Letter), we would meet once a month and the rest can be done via today's technology email.

Community Facilities Chair & Sponsor Hour/Candlelight/ Closing Chair

Ryan Cressman

I recently finished coaching my son's junior basketball team. Those of you that know of my basketball skills can stop laughing now...

Anyways, as with each athletic season or event that He has used me as a coach, I have always tried to stay focused on the most important part of the game; setting a good example for the kids and making sure they all feel comfortable enough to grow and learn. This year was no different. We (God, me, and the other coaches) went into the season telling the kids they would learn and have fun and that we would support each other and grow as a team. Parents even approached me and told me they were thankful that their son was on our team because they knew what we believed in and stressed. As the season progressed, we had some teaching moments and were able to share God's love through a couple of biblical examples. One of our games, against a much bigger and stronger opponent, allowed us to share the story of the small boy who struck down the large man...the kids all knew what we were talking about. We discussed facing giants and how they should not be in fear. We had opportunities to show the kids that not all of them could do everything and that some of them had different skill sets than others. Sound familiar?? Other opportunities to show good examples came when opposing coaches would constantly yell at the referees and complain about every call made against their team. Our example of remaining calm had an effect on our team; they would not get rattled or frustrated.

Please do not misunderstand this story as an opportunity to brag about myself or the other coaches. As stated above, my bball skills and knowledge are probably laughable. I am sharing in this manner so that you can see how God can use every one of us, if we let him. I quickly realized I was in over my head and God provided me two assistants to get us through. Without a doubt, Emmaus has changed my life and made it much easier for me to relinquish my pride and recognize my own strengths and weaknesses, and I am humbled to see that other people see it in me as well. Just like the team I described above, we are a team, and need to rely on each other to make it through.

We should strive to be the leaders by example in our own churches and with each other. In reference to these walks and this movement, not one of us can do the whole thing and we need to rely on each other to accomplish the goal of making stronger leaders for Christ. During the next few weeks and months, some of us may face Giants within the community organization. Some may not feel equipped to deal with it all. Remember, He is looking for people to step up and get involved. Allow Him to use you and your skills!!!

I have been named the Board Facilities Chair. I am responsible to oversee most auxiliary activities at the church during the walk weekend, and coordinate this duty through a position called the Weekend Facilities Coordinator. Instead of having one person responsible for everything like our current Auxiliary Head, there will be committees made up and the duties will be shared. This is meant in part to encourage more people to become leaders and to grow their leadership skills for Christ!!! If you ever want to serve silently behind the scenes, please contact me and I will do my best to make you part of the team.

Community Kitchen Chair

Robert Archambault (Archie)

I took my Lansing Area Emmaus (LAE) walk in February 2006, at Mecosta, where I sat at the table of Matthew.

Today I serve you as the Kitchen Chair, and Auxiliary Trainer.

This is a new area to me and will be looking at assistance of those who were previous Kitchen Heads and work with catering and restaurants.

There is new guidelines established by the State and we need to come up with a program to meet these requirements and establish within in our program.

1. Kitchen practices
2. Selection of Kitchen Leaders for upcoming walks
3. Snack practices
4. Selection of Snack Leaders for upcoming walks
5. Dining Room practices
6. Dining Room Leaders for upcoming walks

As you can see a new change in the above areas are now under the Kitchen Chair and the weekend heads are now called Leaders as is in all work areas.

Look forward to your help in serving the community better.

If you're interested in any of these committees Please, Please contact me. I am out of my box in this area (Kitchen), we would meet once a month and the rest can be done via today's technology email. By the way I can cook and clean. ☺

VISIT OUR WEBSITE:

WWW.LANSINGEMMAUS.TRUEPATH.COM

NOTES OF FUTURE EVENTS / INTEREST

June 1, 2010 Lansing Deadline to have a minimum of 20 men registered for Men's Walk #77

October 7-10, 2010 Lansing Men's Walk #77, United Church of Ovid. This is the first time we are having a Men's Walk in several years. Be sure to sign up early!

October 21-24, 2010 Lansing Women's Walk #78, United Church of Ovid.

Please except my apologies for my tardiness and the format change. I was unable to provide the financial reports in this letter and will have them to you in the next News letter. We welcome and suggestion or concerns. GLYASDI,

THE EMMAUS BOARD

Come join us at our next meetings at 7:00 P.M. on Tuesday, second Tuesday of the month at Pilgrim UMC). Board meetings are always open to any Community member who wishes to attend. Do you have concerns issues or suggestions: Call or e-mail Russ Fries, our Community Lay Director, or any Board member and we'll be sure you get included in the agenda. Please prayerfully consider being a member of one of the Board Committees. All Board members will have committees to help them do the work. There is more than one person can do.

Join us in service. the newsletter.

Pilgrim U.M.C.
Lansing Area Emmaus
2965 West Parks Road
St. Johns, MI 48879

Non-Profit Organization U.S.. Postage St. Johns, MI PERMIT #16
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ADDRESS CORRECTION REQUESTED

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